



Grow-Wellbeing C.I.C
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Grow-Wellbeing Woodland Sessions Information & Standard Terms and Conditions

Activities: Woodland activities and experiences for children are offered through Grow-Wellbeing Forest School and other woodland based sessions. A range of resources and games will be brought to each session, enabling children to use their imagination, to explore and follow their curiosity, engage in physical, and at times risky play, and manage the risks that they face.

Because of the nature of the woodland natural environment, and children and young people's exposure to these challenges and risks, they may at times leave the session with scratches, bumps and bruises, which we trust you will recognise and anticipate as normal consequences of your child's engagement with the natural environment. Grow staff will of course record all incidents warranting inclusion in the Accident Record Book.

Tool safety: Grow-Wellbeing Forest leaders are experienced, qualified and trained in using tools. Some activities will include the safe use of tools, which may include small bushcraft knives, secateurs, junior hacksaws and bowsaws, and include fire steels, which may be used during a session in a small group or on a one-to-one basis (whenever this is appropriate). Instruction and discussion will take place about holding and using tools and all children must first demonstrate their understanding of the safety elements, and how to be responsible, before they are given the opportunity to use tools. Keeping each individual and the whole of the group safe is paramount.

Access to tools is permitted only with the express permission of the Grow forest leader, and as such, participants should not take hold of any tool or fire lighting device without the permission of the Grow leader present. After use, children and adults should return any tools used to the container/ bag from which they were taken to ensure the safety of all participants.

Fire safety: There may be a campfire or activities based on fire lighting at Grow Forest sessions. Fires and fire lighting provide many therapeutic benefits to children,

including enhancing a child's self-esteem when they have successfully contributed to the making of a fire. Children must demonstrate their understanding of fire safety prior to the fire being lit. The safety of the whole group is paramount and the Grow Forest leader will assess the risk / benefit of having a fire during each session.

Photo-consent: In order to comply with Grow-Wellbeing's Data Protection Policy, parents/carers are asked to provide written consent for the taking and recording of images, prior to any session beginning. Any images captured will be processed in line with best practice and in full compliance with the GDPR 2018.

During any Grow sessions, participants or parents/carers of participants are requested to restrict the taking of photographs to just the children in their care, unless they have the express permission of another parent or carer to photograph the children in their care, as this may otherwise contravene the GDPR 2018. Photographs of individual child and adult participants, taken by Grow, may be provided in digital format on request and by negotiation with the Programme Director.

Mobile phones: Grow would politely request that all child participants and parents/carers of participants do not use their mobile phones, tablets or other devices during the Grow session. Participants are requested therefore to put phones away safely in a personal bag during the session, unless there is an anticipation of an emergency call being expected, if so, please advise the Forest School leader of this at the start of the session.

There are two key reasons for this request:

- In order to comply with the Grow-Wellbeing Data Protection Policy, restricting use of photo and video recording.
- Grow-Wellbeing sessions are intended to provide enjoyment of the natural environment, removed from the usual distractions of urban life. Use of mobile phones, tablets and other devices may adversely impact on both your and other participants' enjoyment of the natural environment.

Participant Behaviour: There is an expectation that all child participants behaviour is too an acceptable level and is respectful towards our staff, other participants and the environment around them as per our behaviour and participation policy.

Parent/ Carer drop off/ pick-up: Grow expects that parents and carers will drop off the children in their care promptly, by the start time specified, as not adhering to the timing of the start of the session can impact negatively on the child's engagement in the session, as they may miss valuable introductory information, and their engagement with other children may be affected.

Grow would also be appreciative of parents and carers picking their children up at the specified pick-up time, as Grow staff have to take down and pack away a significant amount of equipment at the end of each session, and children who haven't been collected on time negatively impacts on this packing away process.

Registration Information: Grow-Wellbeing requires parents and carers to include all relevant information about the children in their care attending our sessions, significant to how we can support your child effectively.

The registration information we require includes:

- dietary and allergies information;
- additional learning needs, detailed, and which we may follow up with a phone call ahead of the session to ensure we are familiar with their specific needs;
- whether the child is in social care, including foster care, which again we may follow up with a phone call to establish if the session is appropriate to the child's needs.

Bookings & Cancellations: Bookings are non-refundable. In exceptional circumstances, when you are unable to attend a session, please contact the Grow Programme Director, who, at their discretion, may allow for an alternative session.

Occasionally, where participant numbers have not reached the required number to feasibly go ahead, Grow-Wellbeing may cancel a session, with at least 2 days notice ahead of a scheduled session, and fees will be refunded.

Sessions may be cancelled in the event of severe winds or an electrical storm. In the event of this, you will be given the option of an alternative date or a full refund.